

FORMULARY CARD

RCI FOOD SERVICE DEPARTMENT

ORAL SUPPLEMENTS

MODULARS

Per Serving

Product Name	Ensure Clear TN	Glucerna TN Shake	Glucerna 1.2 Cal	Jevity 1.2 Cal	Jevity 1.5 Cal	Nepro w/Carbsteady	Promote w/Fiber	Twocal HN	Vital AF 1.2 Cal	Juven
Serving Size	8 oz	8 oz	8 oz	8 oz	8.0 oz	8 oz	8.0 oz	8.0 oz	8.0 oz	1.02 oz
Calories (kcal)	240	220	285	285	355	420	237	475	284	95
Protein (g)	8	10	14.2	13.2	15.1	19	15	19.9	17.8	2.5
Carbohydrates (g)	52	26	27.1	40.2	51.1	38	33	51.8	26.2	9.8
Fat (g)	0	9	14.2	9.3	11.8	23	7	21.5	12.8	-
Sodium (mg)	70	207	265	253	316	250	235	200	300	-
Potassium (mg)	-	376	480	566	517	225	521	500	390	-
Phosphorus (mg)	188	250	190	284	296	170	221	313	238	-
Iron (mg)	2.7	4.5	3.5	3.4	4.3	3.3	3	6	3.6	-
Usage	Oral use, pre-and post-surgical, fat-malabsorptive, fat-restricted diets, malnutrition, involuntary weight loss, cancer, trauma/surgery	Oral use, minimize blood glucose response, metabolic stress, diabetes, illness, trauma, infection, cancer	Oral and tube feeding, diabetes, CHD, support wound healing and cardiovascular health	Long-or short-term tube feeding or for oral use for patients with altered taste perception	Long-or short-term tube feeding or for oral use for patients with altered taste perception, CHF	Oral or tube feeding, dialysis, CKD, diabetes	Oral and tube feeding, wound healing, pressure injuries	Oral and tube feeding, support lean body mass and wound healing, CHF, malnutrition, calorie and protein dense to support patients with volume intolerance and/or fluid restriction	Oral and tube feeding, modulating inflammation, peptide-based nutrition for long-or short-term tube feeding, cancer, malabsorption, metabolic stress, impaired GI function	Wound healing, pressure injuries, trauma, surgery, cancer, oral use, or as a modular via tube feeding; mix with 8 oz of water
Features	High Protein, without fiber	Prebiotics to stimulate beneficial bacteria growth, vitamins C and E to help protect against cell damage	Omega-3, needs can be met with less volume, calorically dense, low-glycemic carbohydrates, minimize blood glucose	Concentrated calories, good source of fiber and prebiotics	Concentrated calories, good source of fiber and prebiotics	High in protein and calories, good source of fiber and prebiotics, low phosphorous and potassium	High protein with fiber, fiber blend contains oat and soy fiber	Good source of fiber and prebiotics to stimulate beneficial bacteria growth	Fiber, high protein, MCT, Omega-3, prebiotics, vitamins D, E & C	Arginine, glutamine, CaHMB, collagen protein, micronutrients
Composition	Clear Liquid	Milk and Soy protein	Milk and Soy Protein	Milk and Soy Protein	Milk and Soy Protein	Milk Protein	Milk and Soy Protein	Milk Protein	Milk Protein	Powder
Additional Information	Kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Halal, Kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Halal, kosher, gluten-free, suitable for lactose intolerance	Gluten-Free, suitable for lactose intolerance	Kosher, gluten-free, lactose free
Flavors	Apple, Mixed Berry	Chocolate, Strawberry	Vanilla	Unflavored	Unflavored	Vanilla, Mixed Berry	Vanilla	Vanilla	Vanilla	Fruit Punch

